



# Shōtō Karate Jutsu



## COVID-19 Assessment Form

Before you will be allowed to enter the dojo you MUST provide your name and contact details just in case they are required for the NHS track and trace. Also, answer the Covid-19 risk level questions to assess whether you are safe to enter the dojo.

Name

Email address

Phone number

Have you or anyone in your household had COVID-19?

Yes | No

Have you or anyone in your household had any of the following symptoms: dry cough, fever, high temperature, shortness of breath, loss of taste or smell, sore throat?

Yes | No

Have you been in close contact with anyone with confirmed COVID-19 without wearing the appropriate PPE protection?

Yes | No

Have you been outside the UK in the last 14 days?

Yes | No

Are you in the high risk category (clinical extremely vulnerable) as defined by the UK government?

Yes | No

Are you in the moderate risk category (clinical vulnerable) as defined by the UK government?

Yes | No

By completing this COVID-19 assessment form you are agreeing to comply with the SKJ COVID-19 guidelines while outside, entering and inside the dojo.

Signature

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Date

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